

RNESS is important to the quality of life of humans

IM FOWLER (1930 -)

SNAPSHOT

LOUISE MOSELEY 53 // CYCLIST & FOUNDING MEMBER,
BALMORAL MASTERS WOMEN

This photo was taken in 2007 just before my cycling partner Louisa Montiford and I raced our first pairs time trial. It was the second race I'd ever done and we won, against 30 other pairs. It was totally unexpected and very exciting.

I started cycling when I was 47 because my daughter was racing. I was sending her out in the dark each morning with all these men [from her cycling club] and I thought, "No, I'll go with her". I bought my first bike - I was the eldest of eight and there had never been money for a bike - and for six months I only rode it on a wind trainer on the veranda because I was too terrified to take it on the road. Now I love it, it's just me and my bike out there and nobody asks me to do anything.

I joined the Balmoral Cycling Club and in 2007 four women decided to form our own masters group within the club. We wanted to get more women participating and this year we launched our ladies racing series. A lot of women don't like racing with the men, so this is an opportunity to have a go.

That first pairs win with Louisa really set me off - I realised I could do this and it feels so good to win. My goal is to win a masters world time trial title, hopefully in 2011.

JANE SCOTT

PROJECT PQ WOMEN'S RACING SERIES 2010

race three, Sun, Apr 18, Murarrie Recreation Reserve.

www.balmoralmasterswomen.com.au

